

TOWARDS ASSISI IN THE FOOTSTEPS OF ST. FRANCIS

Starting and finishing point: Ponte Valleceppi

Distance: 75 km.

Total ascent: 1,200 metres

Grade: difficult

Road surface: asphalt

Recommended type of bike: road or hybrid

Places to visit in the area: Perugia, Assisi, the Chiascio Valley, Valfabbrica.

- KM 0 Starting point: the park on the banks of the River Tiber at **Ponte Valleceppi**: ride out of Ponte Valleceppi in the direction of **Gualdo Tadino**, and when you have gone under the E45 underpass, turn **right** onto the SS318 towards **Ripa**.
- KM 5 **Civitella d'Arna**: end of climb. Bear **right** towards **Sant'Egidio**.
- KM 8 **Sant'Egidio**. At a narrow junction, bear sharp **left** towards **Collestrada** and the **airport** along the Sant'Egidio road.
- KM 9 At the end of this gentle descent, bear **left** towards **Perugia Airport**.
- KM 14.5 **Petrignano di Assisi**: at the junction with the SP248, turn **left** and then 50 metres further on, turn **right** towards **Assisi**, over the River Chiascio.
- KM 21 At the junction with the SS147 turn **left** and begin the climb up to **Assisi** (*caution: busy road*).
- KM 24.5 At the roundabout, turn **left** towards **Assisi** town centre.
- KM 25.5 Car park for visitors to Assisi town centre: end of climb. Carry straight on towards **Gualdo Tadino**. *Drinking water fountain to your left*.
- KM 31 Start of climb up to **San Presto**.
- KM 38.5 Turn **left** towards **Casa Castalda**. End of climb.
- KM 43.5 At the junction bear **right** towards **Casa Castalda**.
- KM 47.5 **Casa Castalda**: at the junction with the SS318, turn **left** towards **Perugia**.
- KM 56 **Valfabbrica**: continue in the direction of **Perugia**.
- KM 65 Turn **right** onto the SP246 towards **Piccione** and **Piloncino Paterno**.
- KM 66 Turn **left** towards the Country House Poeta Contadino.
- KM 69.5 **Pieve Pagliaccia**: at the junction with the SS298, turn **left** towards **Bosco** and then carry **straight on** towards **Ponte Felcino** and **Ponte Valleceppi**.
- KM 72.5 At the turning for **Ponte Felcino** carry **straight on**.
- KM 74.5 Turn **right** towards **Ponte Valleceppi**, and then at the roundabout go **straight on** before bearing **right** and riding back to the sports ground.