

Route 16 - The town of 2 worlds and the sacred wood at Monteluco

Start and Arrival: Monteluco

Distance: 25km

Height difference: 1.080 metres

Difficulty: hard

Surface: 70% dirt, 30% sealed

What to see: Spoleto, Monteluco, Convent of St Francis, Bosco Sacro (sacred wood)

Km 0	Start from Monteluco , in front of the Convent of St. Francis and the entrance to the Bosco Sacro . Go downhill towards the Monteluco meadows.
Km 0,1	Turn right following indications for path n. 1 towards Le Aie , then continue straight ahead .
Km 0,6	Continue straight ahead through the wood following indications for path n. 1 . <i>Start of climb.</i>
Km 0,9	Short, steep and rough stretch requiring <i>bikers to dismount</i> .
Km 1,3	At the sealed road, turn left . After 50m, keep left where the road branches. <i>Drinking fountain on the right. End of dirt road.</i>
Km 1,7	Straight ahead . After 100m, turn right towards Patrico at the next crossroads. Follow the sealed road to Patrico .
Km 5	<i>End of climb.</i>
Km 6,2	Straight ahead towards Patrico following indications for path n.6 .
Km 6,7	Patrico . Just past agriturismo Bartoli, where there is a bend to the left, take the dirt road on the right .
Km 6,8	After the concrete bend, along the narrow road between the houses, turn sharp right and continue downhill along the concrete road. Pass by a chicken run and continue downhill along the dirt road in front of it. Beware, start of difficult descent.
Km 7,9	Continue downhill following indications for path n. 6 .
Km 8,3	Keep right along the signposted path where the road branches.
Km 8,6	Keep left downhill.
Km 9,4	Straight ahead downhill where the road branches following path n. 6 .

Km 11,3	Where the road forks leave the indications for path n. 6 and turn right downhill again.
Km 13,3	Where the road forks, turn right downhill again.
Km 13,8	Turn right at the sealed road towards Spoletto , then after 200m turn right again towards Monteluco . Beware, busy traffic . <i>Start of climb</i> .
Km 15,4	At a bend to the left , leave the sealing and turn left onto the concrete road. Straight after, turn left along the single track through the woods. <i>Start of dirt track</i> . Beware of stretches with no parapets .
Km 15,7	Where the track branches turn right uphill, then immediately left following indications for path n. 3 . <i>To visit Spoleto turn left downhill and cross the Ponte delle Torri aqueduct to go to the historical centre</i> .
Km 16,6	Keep right . After 200m turn right again.
Km 17,2	Leave the main track and turn right continuing along path n. 3. <i>Start of roughest and most difficult climb</i> .
Km 17,9	Straight ahead .
Km 18,1	Keep left following indications for path n. 3. Stay on the main path at the following branchings.
Km 19,6	Turn right and tackle a particularly steep climb. After 20m leave path n. 3 and go right along the widest track following the orange arrows that indicate the n. 4. path to Scuola Federale di Mtb .
Km 19,7	Keep left . <i>Beware, some very steep stretches require dismounting for a few metres</i> .
Km 20,1	Take the second road to the left where the road branches and continue uphill following the orange arrows.
Km 20,3	At the flat area, straight ahead along the narrow track in front. <i>Be careful as the track is not easy to see and in some parts it is covered with vegetation. In several stretches it is necessary to dismount</i> .
Km 20,8	Take the path to the right uphill and continue following the orange arrows.
Km 21,3	Turn right at the next track.
Km 21,8	Turn right along the road covered at the start of the trail.
Km 22,8	Turn left towards Le Aie . Turn right where the road branches next.

Km 23,1	Keep right where the road branches and pick path n.1 on the right leading to Monteluco again. <i>Drinking fountain to the left.</i>
Km 23,7	Beware. Keep right along path n. 1 then continue to Monteluco.
Km 25	Monteluco , end of trail.