

## THE FARMS AND ESTATES OF THE TIBER VALLEY

**Starting and finishing point:** Umbertide

**Distance:** 30 km.

**Total ascent:** 300 metres

**Grade:** easy

**Road surface:** asphalt

**Recommended type of bike:** road or hybrid

**Places to visit in the area:** Umbertide, Pierantonio, the River Tiber, the Montecorona Estate, Pieve San Quirico.

|         |                                                                                                                                                                                            |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| KM 0    | Starting from <b>Umbertide's</b> Piazza Mazzini, cycle out of the town in the direction of <b>Perugia</b> .                                                                                |
| KM 0.8  | Follow the main road running alongside <b>the</b> railway track, and after 800 metres take the cycle path running parallel to the main road.                                               |
| KM 4    | Junction with the main SS219 road to <b>Gubbio</b> : turn <b>right</b> towards <b>Pierantonio</b> .                                                                                        |
| KM 6.5  | <b>Pierantonio</b> . Carry <b>straight on</b> along the main road towards Perugia.                                                                                                         |
| KM 8.5  | <b>Sant'Orfeto della Cinella</b> . Continue <b>straight on</b> .                                                                                                                           |
| KM 11   | <b>Tavernacce</b> . Continue <b>straight on</b> .                                                                                                                                          |
| KM 12.5 | Cycle through <b>Solfagnano-Parlesca</b> . Continue <b>straight on</b> .                                                                                                                   |
| KM 13.8 | Turn <b>right</b> off the main road and head towards <b>La Bruna</b> and <b>San Quirico</b> .                                                                                              |
| KM 14.7 | Bridge over the <b>Tiber</b> .                                                                                                                                                             |
| KM 18   | <b>La Bruna</b> .                                                                                                                                                                          |
| KM 21.2 | Junction with the SP169. Turn <b>right</b> towards the Api petrol station.                                                                                                                 |
| KM 21.6 | Turn <b>left</b> off the SP169 before the bridge over the Tiber.                                                                                                                           |
| KM 25   | <i>Monte Corona Abbey</i> junction.                                                                                                                                                        |
| KM 26   | In the hamlet of <b>Badia</b> , keep to the right and when you reach the Perugia-Rome junction, carry <b>straight on</b> along the SP170 and past <b>Podere Santa Beatrice Guardengo</b> . |
| KM 29.3 | Junction with the SS3Bis: turn <b>right</b> towards <b>Umbertide</b> .                                                                                                                     |
| KM 29.5 | Just past the bridge over the <b>River Tiber</b> , turn <b>left</b> towards Montone: a few yards further on and you will be back at the starting point of this particular route.           |
| KM 30   | <b>Piazza Mazzini</b> , end of route.                                                                                                                                                      |