

ACQUASPARTA AND THE ROMAN RUINS AT CARSULAE

Starting and finishing point: Acquasparta

Distance: 29.5 km.

Total ascent: 350 metres

Grade: easy

Road surface: asphalt

Recommended type of bike: road or hybrid

Places to visit in the area: Acquasparta, Avigliano Umbro, Montecastrilli, the Fossil Forest at Dunarobba.

KM 0	The route starts from Viale Roma , just outside of Acquasparta town centre. Take the road in the direction of Montecastrilli .
KM 5.5	Castel Todino: turn left towards Collesecco .
KM 6.2	Continue to the left along the SP81 in the direction of Avigliano Umbro .
KM 9.1	Continue to the right towards Avigliano and Dunarobba .
KM 10	<i>Dunarobba Fossil Forest:</i> carry straight on .
KM 11	Dunarobba village: go straight on towards Avigliano .
KM 11.5	At the junction, keep to the left along the SP37 in the direction of Avigliano .
KM 13.5	Avigliano Umbro: continue towards Amelia , and at km. 14 turn left towards Farnetta and the sports ground.
KM 14.7	At the junction with the main road, turn right: beginning of descent.
KM 15.7	End of descent: at the junction with the SP82, turn left .
KM 17	Farnetta .
KM 20.2	At the junction with the SP37, turn right towards Montecastrilli , and then immediately afterwards carry straight on, following the signs to Acquasparta .
KM 23.5	Castel Todino: at the junction turn left towards Acquasparta .
KM 24	Continue to your left towards Todi and Acquasparta .
KM 29.5	Acquasparta: end of ride.