

Route 3 - Train + bike: up the Tiber valley from Perugia

Start: Ponte S. Giovanni

Arrival: Ponte Pattoli

Distance: 22km (46km if returning by MTB)

Height Difference: 100 metres

Difficulty: easy

Surface: 70% dirt, 30% sealed

Da vedere in zona: Perugia, Tiber River Park, Educational Wood at Ponte Felcino

Km 0 Start from the carpark at the Lidl supermarket, next to the _Racing Bike shop. Exit to the **left**, turn **right** at the roundabout then first left onto the dirt track down to the Tiber river

Km 2,1 Keep **left** along the river banks.

Km 6,6 Continue on the **left** along the river banks

Km 8,4 Keep **left** and enter the picnic area under the pine trees.

Km 8,7 *Drinking fountain on the right.*

Km 9,6 Keep **left** following indications for the Tiber River Park (*Parco Fluviale del Tevere*). Turn **right** after the tunnel and cross the bridge over the Tiber along the sealed road.. *Beware of heavy traffic.*

Km 9,8 At the next roundabout, turn **right** towards **Ponte Pattoli**.

Km 10,2 Leave the main road and turn **right** following sign posts to the VI Circoscrizione. Keep **right** and return to the Tiber River Park path, through the educational wood (*bosco didattico*).

Km 10,4 Turn **right** over a small wooden bridge and continue **left** along the Tiber.

Km 11 Continue along the first track to the **right**.

Km 11,6 *End of dirt track* . Turn **left** back onto the sealing. At this point bikers can go back along the same route.

Km 12 Turn **right** at the main road onto the sealed road towards **Villa Pitignano**.

Km 13,3 Turn **right** off the sealing and onto the dirt road. Dismount to climb the steps up the bridge over the Tiber. On the other side, turn **right** and follow the dirt road up the river.

Km 14,7 Turn **right** and cross the bridge over the railway.

Km 15,3 Keep **right**.along the sealed road.

Km 16,1 Turn **left** at the crossroads.

Km 17,5	Just before Casa del Diavolo turn left off the main road.
Km 18,2	Keep left towards the fruit and vegetable farm.
Km 18,7	Turn right after the apple orchard. <i>Start of dirt road.</i>
Km 19,5	Straight ahead.
Km 20	Keep right .
Km 21	Turn right after the tunnel. Turn left at the sealed road.
Km 21,3	Turn right towards Casa del Diavolo .
Km 21,8	Before the level crossing ,turn right into via della Scarpata, towards the station.
Km 22	Ponte Pattoli Station . End of trail. Return to Ponte San Giovanni by FCU train, or bike back the same way.