

THE NATURAL BEAUTY OF THE AMERINI HILLS

Starting and finishing point: Amelia

Distance: 51.5 km.

Total ascent: 1,000 metres

Grade: medium

Road surface: asphalt, gravel

Recommended type of bike: road or hybrid

Places to visit in the area: Amelia, Penna in Teverina, Giove, Porphiano.

KM 0	Starting point: the public gardens in Amelia . Ride towards the town centre, and after 100 metres turn in the direction of Orte and Attigliano .
KM 0.9	Turn left towards Orte and then right at the roundabout, in the direction of Orte once again. Start of long descent.
KM 13.5	Just before you get to Orte , turn right onto the SP84 towards Penna in Teverina .
KM 18	Start of climb up to Penna in Teverina .
KM 22.5	Penna in Teverina : end of climb. At the roundabout, follow the signs for Giove and Attigliano . <i>There is a drinking fountain on the right.</i>
KM 25.5	At the junction with the SP31 turn left towards Giove .
KM 29	Giove : follow the signs for Attigliano .
KM 33	At the end of the descent, turn right towards Porchiano . <i>Beginning of gravel road and climb.</i>
KM 36	<i>End of gravel section.</i>
KM 36.5	Carry on to your right towards Porchiano .
KM 41	Continue to your right in the direction of Porchiano once again.
KM 41.7	At the junction with the SP85, turn left towards Porchiano .
KM 42.5	At the junction, go straight across towards Amelia . If you turn left you can ride into the centre of Porchiano . End of climb.
KM 44	At the junction with the SS205, turn right towards Amelia .
KM 51	Amelia : turn left to visit the town centre, or carry straight on to return to the public gardens.
KM 51.5	Public gardens: end of ride.